



Board Certified Plastic Surgeon

## PRESCRIPTION MEDICATIONS

**Reminder:** Please do not take Ibuprofen or aspirin products following surgery. You may take Tylenol (acetaminophen). You may be prescribed one or more of the following medications:

**ANTIBIOTIC** (Cephalexin, Clindamycin, Sulfamethoxazole/Trimethoprim, etc). Take your antibiotic as directed. Your first dose should be taken with your first solid meal at home post surgery. Complete the antibiotic unless you develop an intolerable symptom such as GI upset or a rash.

**ONDANZETRON (ZOFTRAN)**. This medication is for nausea. Take as directed only if you have nausea or vomiting.

**NARCOTIC PAIN MEDICINE (TRAMADOL/ULTRAM, OXYCODONE, T3, T4, etc)**. Narcotic pain medications are to be used if Tylenol (acetaminophen\*) alone is not sufficient to control your pain. Narcotic medicine is commonly needed the first few days after surgery. Take the prescribed medication as directed. **DO NOT TAKE MORE THAN ONE TYPE OF NARCOTIC MEDICATION AT THE SAME TIME.** Tramadol/Ultram is a 'light' narcotic and is preferred. However, it does not work for everyone. Oxycodone is a "strong" narcotic and requires a paper prescription. If you are given a paper prescription for Oxycodone, only fill it if needed. Attempt to wean off the Oxycodone as soon as possible. You may transition to the Tramadol/Ultram or Tylenol. Narcotic pain medications cause constipation. See your post op instructions for suggestions to avoid constipation.

**DIAZEPAM (VALIUM)**. This medication is used for muscle spasms or anxiety. Some patients prefer this medication over their narcotic. Take as directed. **DO NOT TAKE DIAZEPAM AT THE SAME TIME AS YOUR NARCOTIC MEDICATION.**

**NITROBID PASTE**. The paste increases the blood flow to an area. Wear gloves while applying the paste. Stay in bed for 20-30 minutes following the application. Do not apply an amount greater than directed, as this may cause your blood pressure to fall.

\* The maximum daily dose of acetaminophen is 4000mg per day.

If you think you may need a **refill** you must call no later than Friday morning. We close at 1:00pm on Fridays. If it's a narcotic medication that requires a paper prescription you must call no later than Thursday to pick up on Friday.